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Your essential daily news | TUESDAY, MAY 16, 2017

High 22°C/Low 11°C Partly cloudy

Senators' Craig Anderson reacts after giving up the goal to the Penguins' Phil Kessel in the third period in Pittsburgh on Monday. GETTY IMAGES

AGONIZING END

Pens drop Sens 1-0 in feisty Game 2 to even up Eastern final

Full game report, **metroNEWS.ca**

OC Transpo arrest under investigation

LINCOLN HEIGHTS STATION

Bystanders heard yelling about excessive force by peace officers

Alex Abdelwahab
Metro | Ottawa

OC Transpo has confirmed it's investigating two of its special constables after an arrest near Lincoln Heights Station.

James Babe, chief special constable, said the transit service takes the incident, which happened last Wednesday evening, seriously.

"What I'm doing is I'm gathering facts of what occurred and then I share that with Ottawa Police Service, asking them to do the investigation. That way the investigation is independent and transparent," he said.

The two OC Transpo special constables involved have not been named.

A 4:29 minute video of the arrest was posted to YouTube. It's dark and starts with the constables pinning a young man to the ground, his head on the pavement. He can be heard asking for help at least four times, and one constable is heard saying "give me your arm."

The video begins with the man on the ground and does not show what led up to the arrest.

At one point, one constable makes a swift movement towards the man on the ground, who can be heard grunting. Two apparent friends of the man under arrest can be heard yelling about excessive use of force.

Babe confirmed he has seen the video.

He said the incident started near the station and there was a foot chase off-property. According to a voice in the video, the arrest happened at Richmond and Assaly Roads.

> **What I'm doing is I'm gathering facts of what occurred.**
> James Babe

As peace officers, OC Transpo special constables have the same powers of arrest as police officers, according to Babe, and they receive annual use of force training.

Ottawa police Const. Marc Soucy said police have charged Tyler Campeau, 18, with assaulting a peace officer and breaching bail conditions, in relation to the incident.

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Your essential daily news

Ottawa to move on protections for air travellers. **Canada**

Ottawa suburbs home to high number of children

NEIGHBOURHOODS

Some areas are bucking the trend as the city gets older

Haley Ritchie
Metro | Ottawa

Darker green areas represent places with a higher percentage of children, while lighter areas have less. GOOGLE

Ottawa may be growing older along with the rest of the country, but the number of new kids on the block varies wildly according to your pick of neighbourhood, according to 2016 census numbers.

Statistics Canada released their 2016 census numbers on age dwelling for communities across Canada earlier this month, showing for the first time more seniors than children in the country.

The story in Ottawa is similar to the rest of the country: The population is aging and seniors are the fastest-growing segment.

Patrick Charbon, a population analyst with Statistics Canada, calls the trend across the country "a general shift." The local data in Ottawa gives a different story.

"That is true for Canada and Ontario, but there are some variations when we look at local data," said Charbon. "When we look at the Ottawa metropolitan region for example, this is not the case. There are still more children than seniors in the metropolitan region. If we segregate even further, there are quite large variations in neighbourhoods. Some neighbourhoods are much younger than others."

Where does your neighbourhood stack up?

Overall, Ottawa's suburban neighbourhoods win out for the most number of children. One census area in Barrhaven, close to Stonebridge golf course, has the highest percentage, with children under 14 making up close to a third of the population.

Tracts of Stittsville and Kanata are similar, with children making up a quarter of the population in many areas. In the east end, Orleans has the same pattern.

Charbon said areas with younger children also tend to be the fastest-growing neighbourhoods.

"In a sense they have a more family-oriented lifestyle, with proximity to schools, more parks, sports facilities," said Charbon.

> **They have a more family-oriented lifestyle.**
> Patrick Charbon

"There are other factors such as having access to larger houses, larger land area and more affordable prices may lead to new families to establish in those communities. New housing developments often have younger families, they start having children and settle."

The opposite is true in the downtown core. Areas like Centretown, LeBreton Flats, Sandy Hill and the Byward Market have the lowest number of children.

In cities across Canada downtown populations tend to have less children or seniors — instead they're filled with working-age people between 15 and 64 years old.

Just as young families are attracted to the suburbs, those of working age are drawn to amenities in the downtown.

"It is the proximity to places of work, there are a lot of offices and federal government buildings," said Charbon. "More urban lifestyle, restaurants, bars, cultural facilities and also proximity to universities."

South of the downtown core, the percentage of children in downtown neighbourhoods increases. The Glebe, Old Ottawa South, Westboro and Beechwood have percentages around 15 to 20 per cent.

Eastern Overbrook and the southern part of Sandy Hill are the only core areas with youth populations comparable to the suburbs.

GAMBLING

Hard Rock to run raceway

Hard Rock International will partner with the Rideau Carleton Raceway on a $320-million project that will feature a new hotel, a live entertainment venue and more than 13,000 square metres of gaming space for slots and card games, the Ontario Lottery and Gaming Corporation announced Monday.

OLG chose the new partnership after a competitive procurement process that originally began in 2010, when the province asked the agency to launch a comprehensive review of Ontario's lottery and gaming network. The new facility will be known as Hard Rock Casino Ottawa.

"The investments Hard Rock Casino Ottawa will make will substantially enhance the gaming entertainment experience, while increasing revenue for the province and encouraging local economic development," OLG president and CEO Stephen Rigby said in a release.

Hard Rock said it expected the first phase of the project to be ready within the first year of operations.

Earlier this year, OLG spokesman Tony Bitonti said the province believes private operators are better equipped to maximize returns from Ontario's 24 gaming facilities.

Under the new agreement, he said, the province will still retain a significant portion of casino revenues but will no longer have to sink taxpayer dollars into capital expenditures such as maintenance and renovations.

OTTAWA BUSINESS JOURNAL

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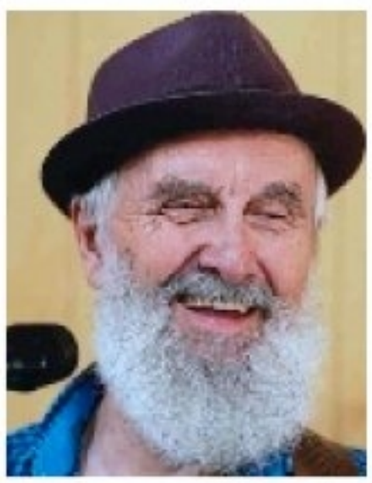
Jack Johnson is one of the headliners this year. CONTRIBUTED

'Set the vibe' to upbeat

MUSIC

CityFolk lineup should please both regulars and newbies

Trevor Greenway
Metro | Ottawa



Above: The ever-popular Fred Penner is back to keep kids and parents entertained. TORSTAR NEWS SERVICE

Right: Rodriguez, subject of the doc Searching for Sugar Man, is on the lineup. HAL WILSON/ SONY PICTURES CLASSICS

Banana Pancakes, anyone?

If ever there was a no shirt, no shoes, no service policy at CityFolk, it will go sideways quick, especially when pro surfer turned folk artist Jack Johnson kicks off his JJ casuals, and takes over the stage on the festival's opening night.

"Jack Johnson is one of those artists that has been on our radar for a long time," says festival executive and artistic director Mark Monahan.

"And over the last eight or nine years, he hasn't toured very much, so we are very happy to have him at the festival this year."

Monahan praised Johnson's ability to "set the vibe" at his shows, as the upbeat, campfire-style musician isn't too soft on the folksy side, and isn't too edgy when it comes to rocking. He lands right in the middle with his soft acoustic flare, creating an inclusive concert that caters to a broad audience.

It's a similar theme as you move down the CityFolk lineup, with names like Father John Misty, Amanda Marshall, Corb Lund, Post Malone, Nathaniel Rateliff & the Night Sweats and Broken Social Scene all brewing up to a mean boil that will spill out of the sonic pot Sept. 13.

To up the intrigue, CityFolk booked Michigan-based singer songwriter Rodriguez, the subject of the popular Netflix documentary Searching for Sugar Man.

"As soon as I watched Searching for Sugar Man, I immediately thought, 'Oh, he would be great for CityFolk," adds Monahan. So, he went out and booked one of the most mysterious artists on the planet — and he can't wait to see what he cooks up.

"Just the whole mystique around him is really amazing."

The fest dips into some hip hop with New York rapper Post Malone before getting very loud for Brooklyn-based indie rockers Big Thief. They've gained international fame since dropping their first album, Masterpiece, in 2016. Don't miss this one.

And what would CityFolk be without a Fred Penner show? The popular children's entertainer is back by popular demand.

Filling out the rest of the fest are Matt Mays, Margo Price, Allan Rayman, Bahamas, Ruth B, Royal Canoe, Philosopher Kings, Son Little Lucy Dacus, Tank and The Bangas, Common Deer, Dead Flowers and more. CityFolk runs Sept. 13-17 at Lansdowne Park.

FLOODING

Baseball season launches

Haley Ritchie
Metro | Ottawa

Baseball diamonds are now officially open, but other sports are being delayed due to weather.

"Since conditions may vary from one area of the city to another, sports organizations are encouraged to use discretion when deciding to use a ball diamond that may be saturated," reads a release from the city.

Sporting groups are asked to not used a diamond with standing water.

Ball diamonds might be in somewhat rougher shape until the city can use its large grooming equipment. Facilities will be available for non-baseball and softball groups starting May 22.

ROADS

Car driver dies after fiery crash

One person is dead following a crash between a dump truck and a car on Mitch Owens Drive this morning.

Emergency crews were called to the scene at 10:47 a.m., after multiple 911 calls came in reporting the collision that led to a fire.

Ottawa Fire extinguished the two vehicles, which had caught fire. The driver of the dump truck was taken to hospital, while the driver of the sedan was pronounced dead on the scene. METRO

INQUEST

Probe native youth deaths: Association

The Ontario Association of Children's Aid Societies is joining a call for a coroner's inquest into the recent deaths of Indigenous youth living in group homes in the province.

First Nations in Ontario and the Provincial Advocate for Children and Youth called for an inquest earlier this month. Chiefs with the Nishnawbe Aski Nation, which represents 49 First Nations in Ontario, renewed their demand.

In the Ottawa region, Courtney Scott, 16, of Fort Albany First Nation, died in a house fire April 21; Amy Owen, 13, of Poplar Hill First Nation took her own life April 17. THE CANADIAN PRESS

Traffic, weather biggest factor in cancellations

NOT IN SERVICE
Focus on Cancellations

Analysis shows routes 7, 1 were frequently cancelled

Ryan Tumilty
Metro | Ottawa

Congestion.

Asked to sum up the cause of the 4,530 bus cancellations in 79 days that a Metro analysis uncovered, Pat Scrimgeour points to traffic.

OC Transpo's director of transit customer systems said bus trips are cancelled mostly when they can't get where they need to be.

"It's almost always traffic. It's almost always a bus that can't get to its starting point on a trip."

Scrimgeour said the transit control centre can see these problems developing and they try to find replacement buses or ask drivers from other routes to work longer, but that's not always possible.

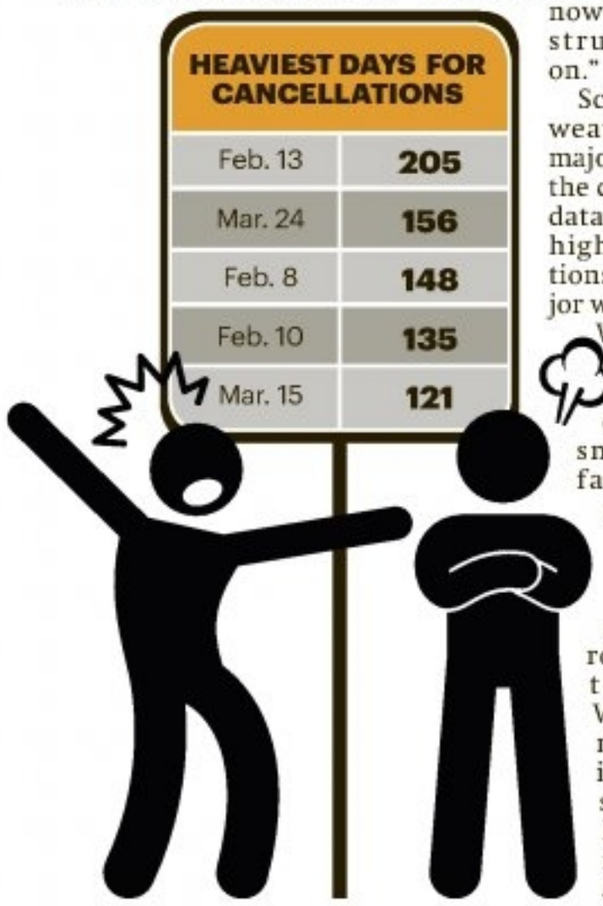
"These are the ones where one of these things happens and the control centre wasn't able to get a substitute bus here in time."

Metro's analysis showed local routes '7' and '1' were frequently cancelled routes. Scrimgeour said they demonstrate the problems with traffic.

"The Route 1, 7 and 12 are on busy streets," he said. "They are always busy streets and are especially busy right now with the construction going on."

Scrimgeour said weather is also a major problem and the days in Metro's database with the highest cancellations were all major weather events.

HEAVIEST DAYS FOR CANCELLATIONS	
Feb. 13	205
Mar. 24	156
Feb. 8	148
Feb. 10	135
Mar. 15	121



When 205 trips were cancelled on Feb. 13, 28 centimetres of snow had just fallen on the city.

Coun. Mathieu Fleury, has been tracking the routes that go through his Ward 12 communities. He identified the same routes as Metro as being problematic. In the last two months, he said his data showed 15 per cent and 18 per cent of cancelled trips, respectively, were in his area.

"I think that is high because I don't represent 20 per cent of the city's population," he said. He said a cancelled local route can really delay people's day.

"That gets you really late into downtown, plus you compound all of the riders that would like that bus, but cannot get on."

He said he plans to keep watching the issue and wants to see improvements, which he hopes for after light rail is launched.

"I am going to keep tracking it," he said.

"It demonstrates a lack of reliability in local routes in my area."

Bad weather is a major factor in cancellations: 205 trips didn't take place on Feb. 13, when 28 centimetres of snow had just fallen on the city. METRO FILE

> "It's almost always traffic. It's almost always a bus that can't get to its starting point on a trip."
> Pat Scrimgeour, OC Transpo's director of transit customer systems

NOISE BYLAW

City staff recommend cutting short car alarms

Haley Ritchie
Metro | Ottawa

Wind chimes are safe, but the city is running out of patience for blaring car alarms in the noise bylaw review.

The City of Ottawa is reviewing the noise bylaw for the first time in over 10 years. The changes will be up for debate in committee May 18.

City staff were tasked with looking at a number of issues, including motorcycles, wind chimes, special events, car alarms and waste removal. Bylaw response times were also raised as a concern, but were outside the scope of the review.

As a result of public consultations, the changes being recommended include changing the time limit for car alarms from the current 20 minutes down to five minutes.

15

The number of complaints the city has received over the past five years about noisy wind chimes.

The report recommends no changes to noisy wind chimes, which have resulted in 15 complaints over the past five years.

Severe cases of wind chime abuse, including "residents deliberately placing chimes to annoy their neighbour" can be resolved using existing bylaws, according to the report.

Concerns about loud music account for half of annual bylaw noise complaints. As a result, staff are recommending the city impose specific measurements on the amount of bass noise allowed.

Exemptions allowed for construction noise, also one of the most common reasons for complaints, are not set to change. They'll remain acceptable during the day on weekdays starting at 7 a.m. and at 9 a.m. on Sundays.

STARTUP STUDY

Women less likely to be early adopters

Research by Ottawa-based Startup Canada reveals a gendered divide in technology use by small business owners, with female entrepreneurs reporting less comfort adopting new tools.

The organization took feedback from 400 female small business owners across the country about their use of emerging technologies for their businesses.

The women in the study reported recognizing the value in technology, but many still don't see themselves as earlier adopters.

While 70 per cent of small business owners in a general survey described themselves as "first or early adopters of new technologies," the number dropped to 29 per cent when just women were surveyed.

The research is part of a series being conducted by Startup Canada, which began in February to look at "digital adoption" among entrepreneurs and small business owners. That initial research revealed the gender divide.

"There was quite a bit of a gender divide when it came to digital adoption," said Startup Canada co-founder Victoria Lennox. "Ultimately it's their companies being disadvantaged, so we wanted to find out what that really meant."

"Our study found there are a lot of factors as to why they're not adopting new technology," she said.

Some of the barriers are faced by every entrepreneur: women reported a lack of time, the speed of new tools and trying to keep up with a huge range of options.

The report found that 20 per cent small business owners who are women reported "a low comfort level with technology as a barrier to adoption."

"More and more there's all these tools and solutions that are popping up every day," said Lennox.

Women in the report were also 16 per cent more likely to report online privacy as a "key concern" when choosing to try new technologies for their business.

Lennox said many participants in the study noted that digital tools are designed by men in tech dominated fields and marketed to the same demographic.

HALEY RITCHIE/METRO

Most use Uber to get to or from core

TRANSPORTATION

Rideshare app most popular in wards 12, 14, 17, data shows

Alex Abdelwahab
Metro | Ottawa

The recently released six-month update of that data reveals what you'd expect, most Uber trips either start or end in the core.

According to the data, between Oct. 1, 2016 and March 31, 2017, more than 1.4 million trips originated in Wards 12 (Rideau-Vanier), 14 (Somerset) and 17 (Capital).

Ward 12 Coun. Mathieu Fleury said he is not surprised his ward is among the most popular areas for Uber, given that it includes both the Byward Market and University of Ottawa.

"I think transit in that location is very good, but if some reason a transfer point becomes a challenge, I'm not surprised to see that level of numbers," he said, adding he believes it's also a reflection of drivers choosing not to drink and drive, if they're out at the bars in the market.

He said those areas were also traditionally the most popular areas for taxis.

"Let's keep in mind that the goal of allowing private transportation companies is to improve the service, is to bring in competition, so that's demonstrated that," he said, adding that hopefully the city will get more providers in the future.

36.4%

The percentage of trip requests that originated in the downtown area

How the data breaks down

The distribution between trip origin (pick-up location) and trip destination (drop-off location) is similar.

Of the total trips requested in that period, 36.4 per cent originated in the downtown area, while 32.4 per cent ended there, the update says.

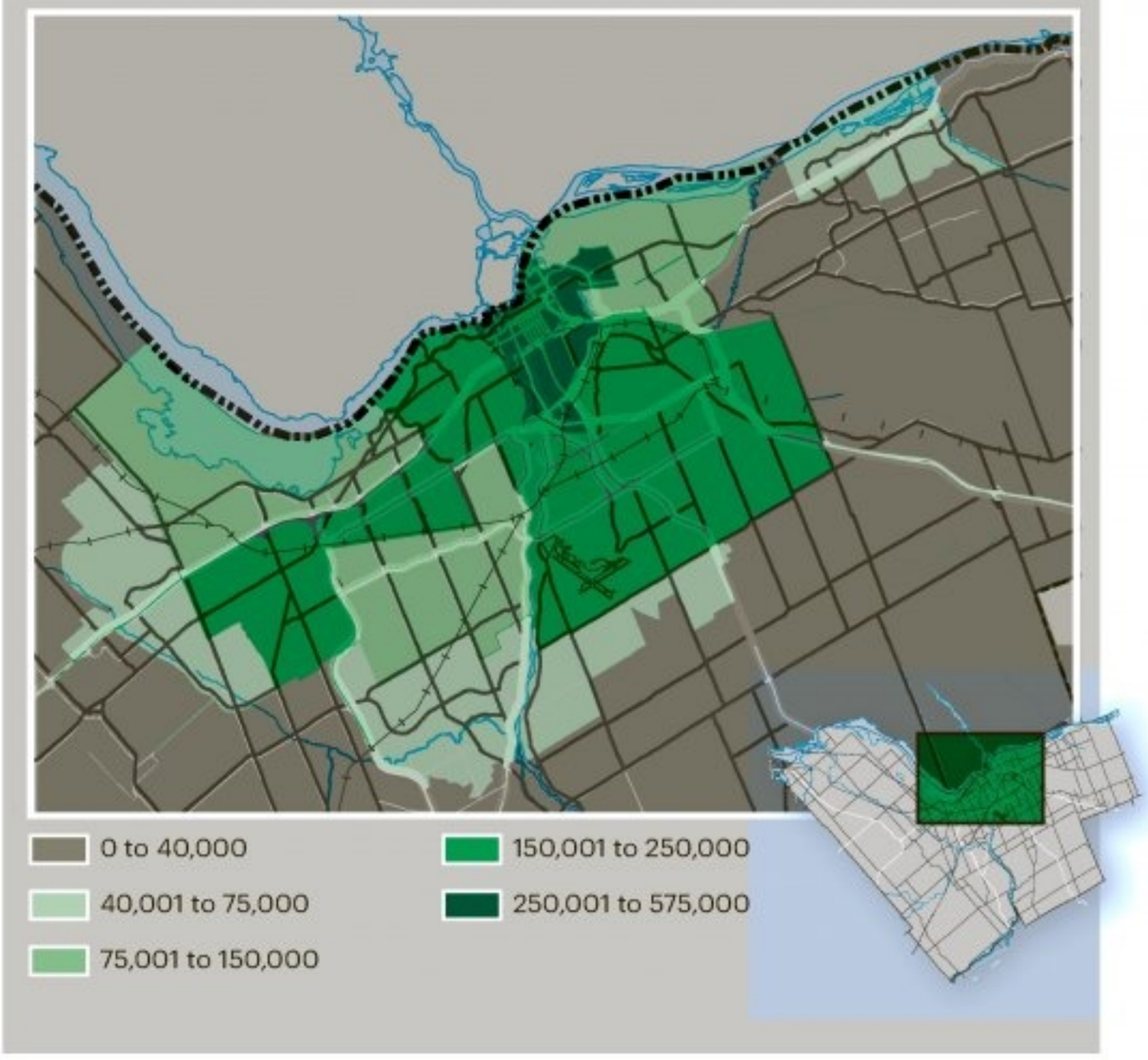
Meanwhile, 52.7 per cent of trips originated inside the Greenbelt (excluding downtown) and 52 per cent of trips ended there.

Broken down by ward, Wards 12, 14, and 17, each had between 200,001 and 575,000 pickups and drop-offs.

While Wards 8 (College), 10 (Gloucester-Southgate), 15 (Kitchissippi) and 18 (Alta Vista), each had between 150,001 and 200,000 trips in each direction either start or end within their boundaries.

Meanwhile, more people asked to be picked up than dropped off in Ward 16 (River). It had 150,001 to 200,000 pick-ups, but only 75,001 to 150,000 drop-offs. All the other wards had 75,000 or fewer trips in either direction.

MAPPED | This map breaks down the number of Uber trips taken in Ottawa by pick-up location. The map is divided by ward.



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LABOUR

Advocates calling for a swift wage increase

Advocates say rumoured plans for sweeping labour reforms including a $15 minimum wage can't come soon enough to help those struggling to make ends meet.

The Ontario Liberal cabinet will decide in the next week how far it will take a package of labour reforms introduced after a two-year review, government sources have said.

Those plans include the possibility of raising minimum wage from the current $11.40 an hour to $15 after a period of time to phase it in.

According to details of the plan revealed over the weekend, among the proposals before cabinet, the government is considering boosting vacation pay from two to three weeks minimum, forcing employers to clearly demonstrate why a part-time position is not a full-time permanent job, and reducing hurdles to unionize for workers in small or scattered workplaces.

Amber Slegtenhorst, an Ottawa single mother with seven kids, who volunteers with the Association of Community Organizations for Reform Now (ACORN) Canada, said the minimum wage increase will make a huge difference in her life. She is currently making $14 an hour.

"All your fixed responsibilities: rent, hydro, heat, food, I have a vehicle, so insurance for my vehicle, gas, medications, those sorts of things — fixed expenses that I have to pay every month and at $14 an hour, there's just no way," she said, saying $1 an hour more would help.

"A dollar an hour is going to make a huge difference."

Trish Hennessy, Ontario director for the Canadian Centre for Policy Alternatives called the new measures a step in the right direction but said they would have to be implemented quickly to make a real difference.

"I think the faster the better, but you want to give businesses a little bit of lead time to plan for it," she said, adding she thinks phasing in a $15 minimum wage within a year and a half would be fair.

But she cautioned that already $15 an hour is not a living wage in the province, saying her organization tracks living wages in 32 cities across Ontario.

Ottawa is not included in the data. But in Kingston, the closet city, a family with two working adults and two children, would both have to make $16.58 an hour to learn a living wage.

ALEX ABDELWAHAB/METRO
WITH FILES FROM TORSTAR NEWS SERVICE

WEATHER

Get your shades out

After a spring with rains that seemed unwilling to end, Ottawa can look forward to some warmer temperatures this week.

The higher temperatures and lack of rain should see flooded waterways across the region continue to recede.

The mercury is set to rise to 21 C on Tuesday and then soar to 29 C on Wednesday, with a healthy amount of sunshine on both days. METRO

Testing limits of detention

POLITICS

Immigration detention is not constitutional, lawyers argue

The entire system by which Canada indefinitely jails the people it wishes to deport is unconstitutional and should be dramatically redesigned, Federal Court heard on Monday.

Lawyers representing former immigration detainee Alvin Brown, who was deported to Jamaica last year after spending more than five years in maximum-security jail awaiting his removal, argued that Canada's immigration detention system violates multiple sections of the Charter of Rights and Freedoms, namely the rights not to be indefinitely and arbitrarily detained and to be protected from cruel and unusual treatment.

Not only does Canada's current system not protect those rights, lawyer Jared Will told Justice Simon Fothergill, it "sanctions" their violation. Maintaining the status quo is "unjustifiable" and unconstitutional, Will said. "The more complicated question is how to fix it."

Canada's border police agency detains thousands of non-citizens every year if they have been deemed inadmissible to the country and classified as a danger to the public because of past criminal convictions, or unlikely to show up for their deportation. The average length of detention is about three weeks, but many cases drag on for months or years. One common problem is detainees who lack documentation to prove their citizenship, so their home country refuses to take them back. Although the detainees have not been charged with a crime, many are sent to maximum-security provincial jails, where they are treated the same as those serving criminal sentences or awaiting trial.

Kashif Ali, left, daughter Sakina Millington, centre, and ex-girlfriend Penny Davidson. After spending more than seven years in maximum-security jail while awaiting deportation, Ali was ordered released last month. TORSTAR NEWS SERVICE

A Torstar investigation this year into immigration detention in Canada found a system in which hundreds of unwanted immigrants were languishing indefinitely in conditions meant for a criminal population. It was found that detainees are also poorly served by the quasi-judicial Immigration and Refugee Board, which reviews their detentions.

Last month, Ontario Superior Court ordered the immediate release of Kashif Ali, a 51-year-old West African man, profiled by Torstar, who spent more than seven years in maximum-security jail because the government could not deport him.

Calling Ali's situation "unacceptable," Justice Ian Nordheimer roundly criticized the government, saying it could not justify indefinite detention.

Will, who also represented Ali, cited Nordheimer's decision Monday as he tried to persuade Fothergill to declare Canada's laws governing immigration detention unconstitutional and to impose a six-month limit on detention for immigration purposes.

Will and his colleague Jean-Marie Vecina outlined a litany of problems with the immigration detention regime. Among them:

- The monthly detention reviews are procedurally unfair, offer insufficient protection for detainees' rights and amount to little more than a rubber stamp.
- There is a "legislative vacuum" regarding where detainees can be held, granting Canada's border police agency wide latitude and unchecked discretion to jail detainees wherever they like.

"They can put one person in a five-star hotel and the other person in a maximum-security jail," Will said.

- The lack of a defined maximum length of detention, as is currently in place in other countries and has been recommended by the United Nations.

In calling for a six-month limit, Will pointed to countries that already have such a prescribed deadline in place, including those in the European Union, which affords an extension to hold someone in immigration detention for up to 18 months, at which point they must be released. Some countries have set much shorter limits, while courts in the U.S. have ruled that if the government can't prove deportation is "reasonably foreseeable" after six months, the detainee should be released.

The government will make its case in defence of immigration detention on Tuesday.

TORSTAR NEWS SERVICE

OVERHAUL

- A Liberal election promise to overhaul the way asylum claims are handled has been postponed indefinitely despite increased numbers of people seeking refuge.
- One of the options on the table is rejigging the historic Immigration and Refugee Board and handing some of its authority to the Immigration Department.

OTTAWA

Ambrose to resign as MP

Interim Conservative leader Rona Ambrose is expected to resign her seat in the House of Commons this summer, sources confirmed Monday.

The longtime Alberta MP has been serving as the temporary head of the party since the fall of 2015.

Sources tell The Canadian Press she intends to outline her future plans in a farewell breakfast speech Tuesday morning, ahead of a planned tribute to her in the House of Commons.

She'll also address Conservative members of Parliament and senators on Wednesday in their final caucus meeting before the new party leader is chosen.

Voting is currently underway, with the winner to be announced at a convention in Toronto on May 27, where Ambrose is also scheduled to speak.

Ambrose had always intended to stay on as an MP during the transition period, though she is already moving out of the Official Opposition leader's residence of Stornoway.

She was first elected an MP in 2004 and served in several cabinet positions under former Conservative leader Stephen Harper.

But she raised her profile considerably as interim leader and is credited by many MPs and observers with changing the face of the party in the wake of its election defeat.

THE CANADIAN PRESS

Rona Ambrose
THE CANADIAN PRESS

TRANSPORTATION

Passenger bill of rights to move forward

A passenger bill of rights has been months in the making, but high-profile incidents on U.S. airlines and in Canada have put the issue in the spotlight. THE CANADIAN PRESS

Ottawa is moving ahead with a passenger bill of rights to give air travellers more recourse to get compensation when travel plans go awry.

Transport Minister Marc Garneau is expected to lay out details of the initiative at a news conference Tuesday morning as the government tables its "Transportation Modernization Act."

The move has been months in the making, but recent high-profile incidents on U.S. airlines and in Canada have put the issue of passenger rights in the spotlight, which, Garneau said, helped underscore the need to protect travellers better.

"That is why, last November, I announced that we would be putting in place what we call a regime of rights for passengers.

"We recognize that when a passenger books a ticket … (they) are entitled to certain rights, a bill of rights, if you want to call it that," Garneau told reporters in April.

Other jurisdictions already have in place laws that detail the kind of compensation that passengers are owed if flights are delayed and cancelled or baggage gets lost.

The European Union sets out a scale of compensation, depending on the length of the flight and the delay. For example, travellers on flights of more than 3,500 kilometres are entitled to 600 Euros if their journey is delayed by more than three hours.

Tuesday's announcement will detail the legislative framework, but the precise details of the bill of rights will be developed by the Canadian Transportation Agency, the body that will be responsible for enforcing it.

Garneau has said that he wants it to take effect in 2018.

When he spoke on the issue last fall, Garneau said the new "rights regime" will establish "clear minimum requirements so that Canadians will know what their rights are and when they are eligible for compensation. TORSTAR NEWS SERVICE

SEXUAL ASSAULT

MPs show unity for judicial training

Canada is a step closer to requiring would-be federal judges to first undergo comprehensive training in sexual assault law, thanks to a rare show of cross-partisan support Monday in the House of Commons.

The Liberal government, after having initially voiced concerns about judicial independence, threw its support behind a private member's bill first introduced in February by interim Conservative leader Rona Ambrose.

Earlier, Justice Minister Jody Wilson-Raybould said the government was satisfied with minor changes the Commons status of women committee made to Bill C-337, which will now make its way to the Senate.

Once enacted, the legislation would also change the Criminal Code to require either recorded or written decisions in sexual assault cases and require the Canadian Judicial Council to report on continuing education courses on sexual assault law.

The bill also had the support of one of the women at the centre of last year's high-profile trial of Jian Ghomeshi.

THE CANADIAN PRESS

CALGARY

Scooter adventurist a hit-and-run victim

Lucie Edwardson
Metro | Calgary

Luck has not been on the side of Polish adventurer Piotr Glowacki in the last few weeks.

Glowacki, who is riding across the world on a 50cc lime green motorized scooter, first arrived in Calgary in late April after his scooter broke down.

After seeing his call for help on social media, Calgary's own Apocalypse Scooter Club stepped in to help him get his bike back in working order, only to have him make it to Winnipeg where his engine exploded, forcing him to return to Calgary and repair his bike once more.

After so much bad luck for Glowacki with his bike, things were looking up for him as he left Calgary for a second time on Sunday evening.

Then, just 40 clicks east of the city he was struck by an SUV.

According to Strathmore RCMP the driver of the SUV took off from the scene on Highway 1 and Range Road 274 on foot — leaving Piotr on the side of the highway severely injured.

The driver of the SUV was located Sunday evening with the help of a police dog and charges are pending.

"I'm embarrassed to hear that the driver took off from the scene because that's not how I'd like a world traveller to see Calgary — it's pretty shameful," said Spencer Kennedy, president of Apocalypse.

Glowacki is now undergoing surgery at Foothills Hospital.

"The latest is that Piotr has … a broken ankle and some damage to his hand," said Kennedy.

RIDESHARING

Uber provides public transit in small town

An Ontario town daunted by the cost of building a traditional public transit system has turned to a popular ride-hailing company for a solution.

The town of Innisfil, Ont., is subsidizing the cost of rides for its residents with Uber Canada, offering flat rates to travel to certain public hubs and offering a discount for travel anywhere else within the community.

Some American cities have struck similar partnerships with Uber in the past, but the company said the arrangement in Innisfil, effective Monday, marks the first time a Canadian municipality has enlisted Uber to fill a public transit void.

Innisfil Deputy Mayor Lynn Dollin said the option made sense given the demographic breakdown of the town, which sees a population of about 36,000 scattered over about 270 square kilometres largely consisting of gravel roads and rural areas.

Dollin said the town has set aside $100,000 for the first phase of the project, which is currently projected to last about six months.

That money, she said, will be used to subsidize the cost of Uber rides booked through the company's smartphone app and online platform.

Innisfil residents will be left to pay just $3 for a ride to and from the town's recreational complex and town hall, while trips to and from regional GO Transit bus stops will cost $5.

THE CANADIAN PRESS

Soldiers patrol the Isola di Capo Rizzuto migrant centre, near Crotone, Southern Italy. Italian police said the Arena clan of the Calabrian 'ndrangheta mob had secured a lock on servicing the centre for the past decade. THE ASSOCIATED PRESS

Refugee centre was 'ATM of the mafia'

SCAM

Mob skimmed millions from migrant funds, police allege

The mafia has moved in on one of Italy's few growth industries: caring for migrants.

Italian authorities on Monday arrested 68 people, including a priest and the head of a huge Catholic volunteer group, Mercy, and accused them of being in cahoots with a major mafia clan that allegedly skimmed millions in public funds destined for asylum-seekers at a welcome centre in southern Italy.

Announcing the arrests, an incredulous Carabinieri Gen. Giuseppe Governale summarized the scam: "The welcome centre and Mercy were the ATMs of the mafia."

Investigators said the Arena clan of the Calabrian 'ndrangheta mob had secured a lock on servicing the Isola di Capo Rizzuto migrant centre for the past decade, thanks in part to its links to Mercy and its regional head, Leonardo Sacco.

Sacco is a well-connected Italian, and his arrest took on broader implications given the number of politicians linked to him. Even Pope Francis has been photographed with him. The Calabrian holding centre is one of Italy's largest, and Mercy is a major national organization that runs migrant centres and provides other volunteer services around the country.

SECOND TIME

The blitz was the second investigation into the lucrative business of caring for migrants: In 2015, police in Rome arrested 44 local politicians and businessmen accused of forming a network that rigged public contracts to provide services for migrant holding centres in the Italian capital.

Investigators said Mercy subcontracted catering services to companies run by the Arena clan, which allegedly skimmed some 36 million euros ($39.5 million US) of the 103 million in public funds destined for migrant care at the centre between 2006-2015.

Part of the scam involved putting in for more meals than were actually provided, and then pocketing the money to buy real estate, fancy cars and luxury boats, said Catanzaro prosecutor Nicola Gratteri.

Police said the Rev. Edoardo Scordio, a parish priest affiliated with Mercy, was the "organizer of a true system of exploitation of public funds destined for the migrant emergency."

THE ASSOCIATED PRESS

FRANCE

Busy day for French president: Picks PM, meets with Merkel

French President Emmanuel Macron and German Chancellor Angela Merkel address a press conference after talks at the chancellery in Berlin on Monday. GETTY IMAGES

French President Emmanuel Macron hit the ground running Monday on his first full day in office by naming a prime minister from the centre-right and then flying to Germany, where he and Chancellor Angela Merkel pledged to work together to undertake European reforms.

At home, Macron started to shape his government by appointing relatively little-known lawmaker Edouard Philippe, 46, as his prime minister. That made good on a promise to repopulate French politics with new faces and reinforced the generational shift under Macron, who at 39 is France's youngest president.

Then, a large crowd outside the chancellery welcomed Macron to Berlin, with some waving European Union flags. Macron and Merkel were all smiles inside, and the German leader declared that "Europe will only do well if there is a strong France, and I am committed to that."

Germany and France have traditionally been the motor of European integration, but the relationship has become increasingly lopsided in recent years as France struggled economically.

FRANCE'S PM

Edouard Philippe, the mayor of the Normandy port of Le Havre, is a trained lawyer and an author of political thrillers. He is a member of the Republicans. Macron beat the Republican candidate in the first round of the election.

German leaders were hugely relieved by the independent centrist's rout of far-right rival Marine Le Pen in the May 7 presidential runoff, and now they hope that Macron can deliver the economic upturn that his predecessors couldn't.

Macron is the conservative Merkel's fourth French president in nearly 12 years as chancellor.

Some media have dubbed the pair "Merkron" — a reference to the "Merkozy" moniker used for Merkel and Nicolas Sarkozy, France's conservative leader from 2007-12.

THE ASSOCIATED PRESS

CYBERATTACK

Hunt for culprits continues

The cyberattack that took computer files hostage around the world appeared to slow on Monday as authorities worked to catch the extortionists behind it — a difficult task that involves searching for digital clues and following the money.

Thousands more infections were reported with the start of the workweek, largely in Asia, which had been closed for business when the "ransomware" locked up computers Friday at hospitals, factories, government agencies, banks and other businesses.

But the big second-wave outbreak that many feared they would see when users returned to their offices Monday morning and switched their computers back on failed to materialize.

Lynne Owens, director-general of Britain's National Crime Agency, said there was no indication of a second surge in the cyberattack but warned, "That doesn't mean there won't be one."

Security researchers in the meantime have been disassembling the malicious software, known as WannaCry, in hopes of uncovering clues to who released it. They are doing the same with the "phishing" emails that helped the ransomware embed itself in computers.

Investigators also hope to learn more by examining ransom payments made by computer users via bitcoin, the hard-to-trace digital currency often used by criminals.

WannaCry paralyzed computers running mostly older versions of Microsoft Windows in some 150 countries. It encrypted users' computer files and displayed a message demanding anywhere from $300 to $600 to release them; failure to pay would leave the data mangled and likely beyond repair. THE ASSOCIATED PRESS

Trump shared secret intel on Daesh with Russians: Report

SECURITY

White House denies claims, says info not jeopardized

President Donald Trump revealed highly classified information about Daesh militants to Russian officials during a meeting at the White House last week, The Washington Post reported Monday.

The newspaper cited current and former U.S. officials who said Trump shared details about a Daesh terror threat with Russian Foreign Minister Sergei Lavrov and Russian Ambassador Sergey Kislyak. The threat was related to the use of laptop computers on aircraft.

The White House denounced the report.

"This story is false. The president only discussed the common threats that both countries faced," said Dina Powell, deputy national-security adviser for strategy, who attended the meeting.

National Security Adviser H.R. McMaster, who also participated in the meeting, downplayed the report as well.

"The president and the foreign minister reviewed common threats from terrorist organizations to include threats to aviation," McMaster said. "At no time were any intelligence sources or methods discussed and no military operations were disclosed that were not already known publicly."

The anonymous officials told the Post that the information Trump relayed during the May 10 meeting had been provided by a U.S. partner through an intelligence-sharing arrangement.

They said it was considered so sensitive that details have been withheld from allies and tightly restricted even within the U.S. government.

The Post said the intelligence partner had not given the United States permission to share the material with Russian officials. By doing so, Trump jeopardized co-operation from an ally familiar with the inner workings of Daesh.

Afterward, White House officials took steps to contain the damage, placing calls to the CIA and the National Security Agency, the newspaper said.

The CIA and the Office of the Director of National Intelligence declined to comment Monday evening.

It's unlikely that Trump has broken any law. As president, Trump has broad authority to declassify government secrets.

Lawmakers from both parties were quick to weigh in.

Sen. Bob Corker, R-Tenn., chairman of the Senate Foreign Relations Committee, said that the Trump White House "has got to do something soon to bring itself under control and order."

THE ASSOCIATED PRESS

TRAVEL BAN

Federal judges on Monday peppered a lawyer for President Donald Trump with questions about whether the travel ban discriminates against Muslims and zeroed in on the president's campaign statements.

- Acting Solicitor General Jeffrey Wall, defending the travel ban, told the three-judge panel of the 9th U.S. Circuit Court of Appeals that the executive order should be reinstated because it falls well within the president's authority.

President Donald Trump speaks with Russian Foreign Minister Sergei Lavrov during a meeting at the White House last Wednesday. GETTY IMAGES

EXPLAINER

What you need to know about North Korea's missile launch

North Korea's latest ballistic missile test may be nearly as big a deal as its propaganda machine claims.

Although outside experts see several places where North Korea is likely stretching the truth, the missile launched Sunday appears to be the most powerful the country has ever tested. Some analysts believe the missile, if proven in further tests, could reach Alaska and Hawaii if fired on a normal, instead of a lofted, trajectory.

Here's a closer look at what happened in Sunday's missile launch, which came only a few days after the inauguration of a new South Korean president, and why it's viewed as a worrying development by North Korea's neighbours and Washington.

THE MISSILE

Even before North Korea gave its account of what happened, the launch caught the eye of experts.

Tokyo clocked the missile as travelling about 800 kilometres and reaching a height of 2,000 kilometres during its half-hour flight.

That is a higher altitude and longer flight time than any other missile the country has test-launched, according to several South Korean analysts reached by The Associated Press.

North Korea's state media generally confirmed those estimates. It said the newly developed Hwasong-12 flew as high as 2,111 kilometres before landing in a targeted area in the ocean about 787 kilometres from the launch site. North Korea said it fired the missile at a high angle to avoid neighbouring countries.

If it had been fired at a normal angle, analysts say, it could have flown much farther — estimates vary between 4,000 and 7,000 kilometres, the upper number putting Alaska and possibly Hawaii within striking distance.

THE NUKE

Outsiders express more skepticism about North Korea's nuclear warhead claims.

North Korea says the missile can carry a heavy nuclear warhead. It also claims to have perfected the warhead's homing and detonation systems under difficult re-entry circumstances.

As with much of North Korea's secretive arms program, this couldn't be independently confirmed.

But experts have long believed that manufacturing a compact warhead for a long-range missile capable of striking the United States is one of the last remaining technologies North Korea has yet to master.

THE RE-ENTRY VEHICLE

There's also skepticism about North Korea's claims about its re-entry technology, which is needed to return a warhead to the atmosphere from space so it can hit its intended target.

Despite North Korea's claim that Sunday's test simulated a re-entry situation, South Korean defence officials say the North probably has yet to master the technology.

"There is enormous pressure when a missile re-enters the atmosphere.... If (electrical) circuits break and a trigger device fails to detonate nuclear fuel, you can imagine that only some twisted metal will fall on Alaska or Hawaii, even if North Korea fires missiles at them," said Kim Dong-yub, an analyst at Seoul's Institute for Far Eastern Studies.

Another important point: One test, even a successful one, does not completely prove a missile's capabilities. THE ASSOCIATED PRESS

metro CITIES
Your essential urban intelligence

PHILOSOPHER CAT by Jason Logan

BLUEPRINT by Alex Abdelwahab/Metro

Building a waterproof city

As climate change becomes a fact of life, natural disasters will hit cities harder and more often. While touring areas of Quebec devastated by flooding last week, Prime Minister Justin Trudeau warned about future struggles. "We're going to have to understand that bracing for a 100-year storm is maybe going to happen every 10 years now or every few years," he said.

Here are some ways cities are becoming storm-resistant:

GREEN ROOFS

Traditional hard roofs cause large amounts of runoff in cities. Many places are prioritizing "green roofs" covered in vegetation to counteract that effect. Measuring six acres, the green roof on the West building of the Vancouver Convention Centre is one of Canada's largest.

ISTOCK

BIORETENTION PARKETTES

In Toronto, the Coxwell/Fairford parkette is one of the first of its kind in Canada. It uses plants to collect and treat stormwater runoff from the surrounding roadway and replaced paved over surfaces with trees and thousands of pollinator plants.

TWITTER/RYURBANWATER

ISTOCK

CONSTRUCTED WETLANDS

In the outskirts of Calgary, the 156-hectare man-made Shepard Wetlands functions as a storm water storage facility, treatment centre and wildlife habitat that naturally filters storm water before it enters the Bow River.

GREEN STREETS

CONTRIBUTED

The City of Paso Robles, Calif., wanted to reduce street flooding, so in 2014 it turned 21st Street into a "green street." Part of the redesign included adding a media filled with plants to filter runoff and slow the flow into sewers.

URBAN WATERSHED

In Seattle, Wash., the Growing Vine Street project uses a series of downspouts, and cascading planters to capture and filter rainwater to ease pressure on storm sewers. Some are even used for irrigation.

FLICKR

WORD ON THE STREET by David Hains/Metro

Stock the shelves with these city-themed reads

With the long weekend rolling in, it's time to find that next great summer read. As part of our new series on urban reads, here are three books for the metro-minded to check out in between the fireworks.

The New Urban Crisis by Richard Florida

For his first new book in seven years, Richard Florida flips the thesis from his landmark The Rise of the Creative Class. He's not as optimistic as he once was, and where he once saw opportunities he now sees people being left behind by inequality. This is partially a response to the likes of Rob Ford and Donald Trump, but it's also an acknowledgement of Florida's blind spots, and how cities must do better.

Street Fight by Janette Sadik-Khan

New York's former transport czar made a name for herself by cutting through opposition to make bold changes, including the revamped, pedestrian-only Times Square. Selling risk-averse residents on change is tough, so Janette Sadik-Khan's tactic is to make great projects and let them shine as the best argument for themselves. To hear her tell it in this book, if cities want streets to work better they can't repeat past mistakes.

A People's History of Chicago by Kevin Coval

Spoken word poet Kevin Coval explores Chicago through moments and people often overlooked by more conventional history books. In this volume, he looks at the Division Street riots, the Treaty of Chicago, and Dr. Margaret Burroughs, the founder of the first African-American museum. The result is a rich and lively portrait of a city with much to offer.

Have a suggestion?
Tell us your favourite books about cities and the people in them.
sjbattersby@metronews.ca

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PUBLIC WORKS
The week in urbanism

CLIMATE COUNTDOWN
The mayor of Sydney, Australia is cancelling her glitzy New Year's Eve bash at the city's famed opera house and putting the funds towards climate change action instead. The $750,000 earmarked for the exclusive party will go to new urban parks, a zero-carbon building contest, and retrofitting buildings for energy efficiency.

BLAST FROM THE PAST
London cyclists are rallying to take back what was once theirs. The city built a network of bicycle superhighways in the 1930s that have since been converted to car parking spaces and other non-bike friendly spaces. Now a campaign to revive the lost history is gaining steam — and cash.

CITY CHAMP **Metro's city builder of the week**

JEFF HARPER / METRO

Kourosh Rad is a proud immigrant and Halifax resident. A senior urban planner with consulting firm WSP, he works to bridge the gap from developers and architects to city hall and the public. **@RadUrbanist**

URBAN DICTIONARY

DEFINITION
Ponding is when water gathers in a low part of a road, often where there is poor drainage.

USE IT IN A SENTENCE
The **ponding** was so bad on Sabina's street she almost listed it as a waterfront property on Airbnb.

metro LIFE

Your essential daily news

Game of Thrones creator George R.R. Martin reveals five follow-up projects are in the works

Putting on the plaid uniform

HEALTH

Prostate cancer survivor is still fighting the good fight

Tamar Harris
For Metro Canada

David Brittain was first diagnosed 20 years ago. CONTRIBUTED

David Brittain was 53 when he found out he had prostate cancer.

He told his doctor: "I had a lot of hills to climb and a lot of rivers I wanted to canoe. So give me time."

Brittain — now 73 years old — got that time. He's an Air Force veteran, Royal Military College graduate and a prostate cancer survivor. And on June 16, he'll be wearing Plaid for Dad.

Plaid for Dad is a campaign by Prostate Cancer Canada (PCC) to raise funds and awareness about the disease.

"It's become a wonderful way to celebrate the love for the men in our lives right ahead of Father's Day," said Rocco Rossi, president of PCC.

Brittain will be wearing his family's Anderson plaid on June 16.

"I've got friends, relatives, classmates supporting it," Brittain said. "It's nice to see the support for a disease that has gone from not a lot of attention being paid to it, over the last 20 years, to a lot more."

Brittain said being diagnosed with cancer, especially one with low funding and research compared to breast cancer — "really hit me."

"I was a skier and a whitewater canoeist and I've skydived — so I've busted more bones than most people," Brittain said. "I would say during the day, (you're) pretty cool about it. But when you put your head on your pillow, your brain starts going the 'what-if' route."

Since beating the disease, Brittain has been a strong advocate for prostate cancer awareness. He said seeing his peers support awareness for a disease he experienced "couldn't be any better."

Last year, almost 630 companies wore Plaid for Dad from coast to coast. Eight premiers, 14 mayors and even Navy submarines got involved.

"Whether it's people in the sub, or at an RCMP contingent in Comox, or paramedics in Peterborough or fire in St. Albert, it's the notion of all these people, all these brave men and women across the country, put on a uniform each and every day to help protect all Canadians," Rossi said.

And on June 16, Rossi said they'll be putting on a different kind of uniform — a plaid one.

PLAID FOR DAD metro focus on prostate cancer

"I wouldn't be seeing my grandkids'

Paul Nolan, 68, lives in Surrey, B.C. He is a prostate cancer survivor.

"You appreciate things a lot more. If I didn't have the operation (to remove the cancer), I wouldn't be seeing my grandkids today.

I didn't have them back then, but I have them today. It's life-changing for sure. (My family gave) just a lot more support. They get more emotional, and don't know if they'll see you again, things like that. I have a lot of faith in my higher power, and He took me through it ... I've been to hockey games, (Prostate Cancer Canada) has a booth. I was handing out pamphlets to guys, even wives and girlfriends, and telling them about it. A lot of them didn't know about the PSA (prostate-specific antigen) test. Doing stuff like this just makes more awareness."

12.5

According to the Canadian Cancer Society's 2016 report, 12.5% — or one in eight — Canadian men will be diagnosed with prostate cancer in their lifetime.

JENNIFER FRIESEN

June 16 is Plaid for Dad Day in Canada. People from across the country will wear plaid to help raise awareness and vital research funds for prostate cancer. Each Tuesday leading up to Father's Day, Metro will feature the story of someone whose life has been affected by prostate cancer. For more information on the campaign, or to register, visit plaidfordad.ca.

FOOD SCIENCE

New salt findings shake things up

Genna Buck
Metro | Toronto

Findings released this week are shaking up the world of salt science.

It's widely accepted in the medical and nutritional communities that eating too much salt makes you thirsty and promotes water retention — the condition where you produce less urine and feel bloated and puffy.

But the exact opposite is true, according to an extremely detailed, long-term study published in the May 2017 issue of the Journal of Clinical Investigation.

Normally it would be impossible to control every single thing adults eat for months on end and measure their urine volume every day (who would sign up for that study?).

But scientists took advantage of a natural experiment: A group of 10 Russian cosmonauts, all healthy men, who were kept in isolation to simulate a long-haul flight to Mars.

Over the course of two separate space simulations, one of 105 days and one of 205 days, the cosmonauts were fed otherwise-identical diets of high sodium (12 g/day), medium sodium (9 g) and low sodium (6 g), for several weeks in each case.

Researchers found the men drank significantly less water when they were eating more salt. Increasing their salt intake made them pee more, not less.

Norm Campbell, a professor at the Libin Cardiovascular Institute of Alberta, said the study was very well done, but cautioned against over-interpreting.

"(It's a small study in healthy men. It may not relate to women or older people or people with disease," he wrote in an email.

An even weirder finding in the study: On the saltiest diet, the men complained of constant hunger. The researchers think it might be because salt increases the production of hormones called glucocorticoids, which help to burn fat.

ISTOCK

A similar study in mice, published in the same journal at the same time, showed the same result: Mice fed a high-salt diet had to eat 25 percent more food to maintain their weight.

On the other hand, there's a different, large review of past studies that shows eating more salt increases weight, Campbell said — though, he added, it's hard to say how meaningful that is, because people who eat lots of salt probably eat lots of junk food in general.

But if the latest findings are confirmed, the logical conclusion would be that it's really, really difficult to lose weight on a low-salt diet.

Over the past few years, clinical research has cast doubt on the notion — promoted by government agencies and the World Health Organization — that everyone should limit their salt intake for the sake of their heart health. Health Canada's recommendation is 1,500 mg/day, or about 3.75 grams of salt (that's less than a teaspoon). Canadians' average intake is 3,800 mg (9.5 g).

There are many, many studies showing that reducing salt intake helps people with hypertension get their blood pressure under control. But whether it's a good idea for healthy people to follow a low-salt diet is hotly debated.

'Of course I show my vulnerability'

INTERVIEW

Chatty, funny, all-caps shouty, there are many sides to Jen Agg

Zoe McKnight
life@metronews.ca

There are many sides to Jen Agg.

That may be obvious, a truism — we all have many sides — but not everyone is subjected to the same level of scrutiny, often leading to caricature, as the Toronto restaurateur and owner of The Black Hoof, Cocktail Bar, Rhum Corner, Grey Gardens and Montreal's Agrikol.

Media profiles and reviews usually include some reference, sly or otherwise, to Agg's unapologetically blunt manner. The references can be unkind. An April review of the recently-opened Grey Gardens called her a "meanie" while praising her male partner and the restaurant's chef, Mitch Bates. Most describe her as "outspoken," especially when it comes to feminism.

But Agg's new memoir, I Hear She's A Real Bitch, released Tuesday by Penguin Random House, reveals facets of her personality that draw far less attention.

It's part coming-of-age tale (her upbringing in Scarborough, her "starter" first husband), part love letter to her keeper husband (artist Roland Jean), part guide to building an empire and part feminist mission statement (calling out patriarchy and misogyny anywhere she sees it) — all told in the voice familiar to her 13,600 Twitter followers: chatty, funny and sometimes all-caps shouty.

Restaurateur Jen Agg's new memoir I Hear She's a Real Bitch is part feminist mission statement. TORSTAR NEWS SERVICE

Why do you think people care? Why does your personality or reputation matter to people?

If you're going to be somebody who is a direct person, or as people like to call me, 'outspoken,' you can get away with it if you're a man. It's fine, it's no problem. The moment you try to do that and have a vagina at the same time, that's when people start to care. I really, truly believe that.

What's with the title?

It's definitely tongue in cheek. If you don't think it's a little bit funny, you shouldn't read the book. My agent wants to slap me for saying things like don't read the book! It's meant to reference the idea that, when we as women have certain characteristics that are traditionally seen in male leadership — which is silly — instead of being seen as great leaders, we're seen as bitches. That's really what it's a wink and a nod to.

Is it also about your reputation, people talking about you?

That's definitely a thing and I'm aware of it. This is a very small community. I think people feel (a certain) way about me if they don't know me. It's very one-dimensional. I've had people who met me, who are surprised that I'm funny and charismatic and engaged in the conversation. Not a bitch.

Do you think the level of personal detail will surprise people? Did it surprise you?

No! I'm a truth-teller. I've told that story about getting caught with my mom's "personal massager" a million times to my friends. Some of the details will surprise people. I didn't include them for the shock value, though I'm sure that's something I will be accused of. Women writers are accused of that kind of thing, navel-gazing or whatever.

Especially when it comes to their bodies, or sex...

This is something so important to me. Sex should be normalized in our culture, and that's why I included all that detail, to be honest. I've always felt comfortable with sex. Why shouldn't I? Sex is awesome. If you think it's too much information, maybe the problem is you. If I put a skirt on and I ask Roland, 'Is this too slutty?' he'll say, 'That's the other guy's problem. That's not your problem, honey.' I think that's absolutely right.

In the book, you often say, 'my feminism.' How would you describe it?

It's existential, I would say. It's experiential and existential. I think the way I live my life is feminism, full stop. I take up the space, I say the things.

You're tough but there's a lot of vulnerability in your story.

This is the thing. We contain multitudes. That's been said by many people. I am not just my persona. Of course I'm a vulnerable person. Of course I have emotional connections with my husband and family and my friends.

Do you think the people who have worked for me for seven or eight years would still work for me if I was a jackass? Of course I show my vulnerability. When people don't realize there's more to me than 'unf—k the world,' that's pretty naïve.

TORSTAR NEWS SERVICE

MAY
CELIAC AWARENESS MONTH
Abdominal pain? Excess gas?
Bone density issues? Anemia?
It could be celiac disease.
Over 300,000 Canadians have celiac disease,
but the vast majority remain undiagnosed.
You deserve to live in good health.
Ask your doctor for the celiac blood test.
Canadian Celiac Association – Ottawa Chapter
613-786-1335 • info@ottawaceliac.ca • ottawaceliac.ca

JOHANNA SCHNELLER WHAT I'M WATCHING

The essence of drama: Where does love go?

THE SHOW: I Love Dick, Season 1, Episode 5 (Amazon Prime)
THE MOMENT: The string

Chris (Kathryn Hahn) writes frank, confessional letters to Dick (Kevin Bacon) about desire. She's turned them into an art project, and the entire town is responding.

A letter written by Paula (Lily Mojekwu), who runs Dick's art foundation, might go like this:

"My other great love was my mother," Paula says, in both direct address to camera, and in voice-overs over the action she describes. "My dad died when I was 4. It was just the two of us... I followed her everywhere."

Young Paula watches her mother at the bathroom sink. "I liked to watch her do her nighttime things — put on lotion, floss — while she told me about her day," she says. "Then one night I noticed something: her tampon string. Something in me turned against her."

We see young Paula leave the bathroom. "Hey, where's my goodnight kiss?" her mother asks.

Jill Soloway, (right with I Love Dick lead Kathryn Hahn) explores the mystery of family love in the show. CONTRIBUTED

This scene makes me want to write love letters to Jill Soloway, who co-created this series.

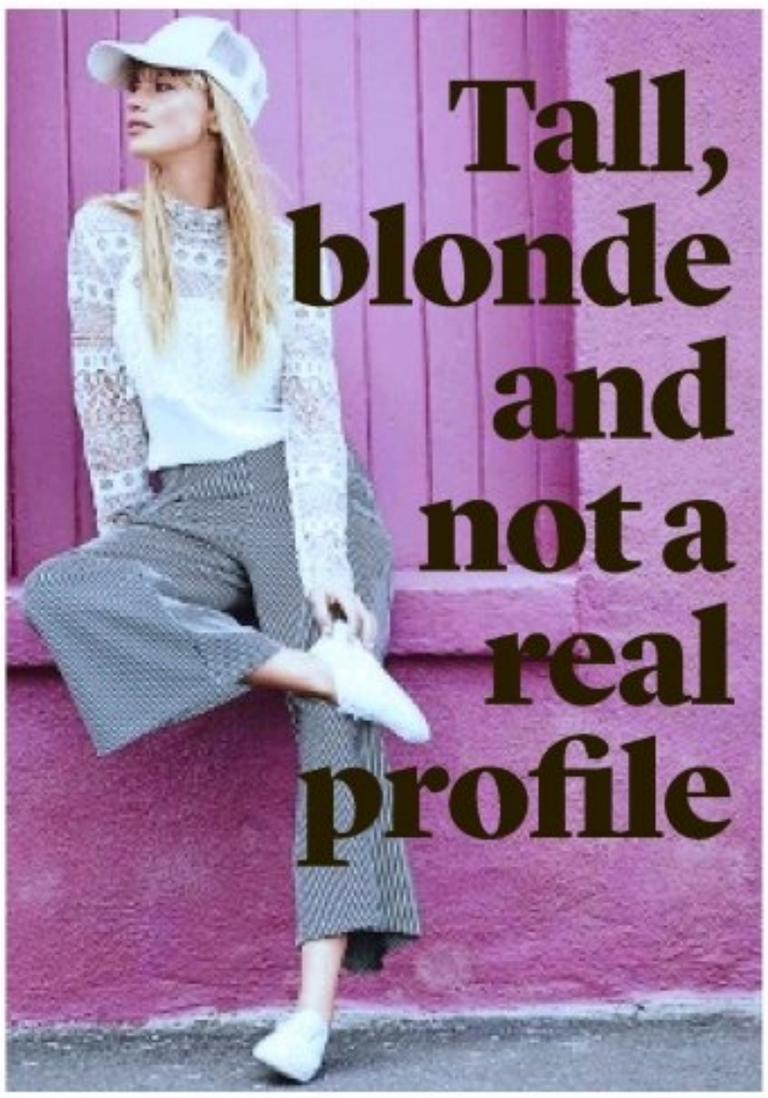
While other shows occupy themselves with banal mysteries — "Who set the prize stallion's stable ablaze?" — this one explores the only mystery that truly matters: the mystery of love. Where does it come from? Why does it go?

Everyone experiences this moment, when a child turns away from a parent.

It's the essence of drama, made more wrenching by how ordinary it is. Every parent is baffled by it. Every child feels guilt. It's strange. It's beautiful. Yet almost no one would consider making space for it in a television series.

I'm so grateful that Soloway did.

Johanna Schneller is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday.



Tall, blonde and not a real profile

Fake accounts hurt your real-life dating experience. ISTOCK

ADVICE

Fake accounts on dating apps spark problems

Sofi Papamarko
life@metronews.ca

After a relationship ended, I made a decision to take the fall and winter off from dating. I needed to reflect. When I felt ready to get back out there, I downloaded the dating app Bumble, which differentiates itself in the market by only allowing women to make the first move.

I was immediately impressed by the calibre of men on Bumble. It was a seemingly never-ending parade of interesting, successful and handsome men. Lawyers and creative directors and CEOs, oh my! Some seemed almost too good to be true — and I started to suspect they were.

Online dating has a rich and sleazy history of fake profiles. With the surge in popularity of mobile dating apps, there came a surge of fake profiles migrating from websites to apps; suddenly, pornbots and scammers were just a smartphone swipe away, hoping to part you with your money, confidence, swiftly fleeting youth/beauty/fertility or all of the above. They sure come in pretty packages, though.

Less than a week into my dating app adventure, I Bumbled across a dreamy man. We'll call him "Jake". This tousled Brad Pitt lookalike stated in his profile that he was the corporate director of large Canadian firm I won't name — an impressive title for a 33-year-old who looks like he's spent far more time on a beach than in a boardroom.

Suspicious, I got in touch with their head office. They had a few different corporate directors, they told me, but nobody by his name was found.

Jake — or at least the version of Jake profiled on Bumble — did not exist. I enlisted male friends to tell me about their experience on the app. According to them, a disproportionate number of women are leggy blondes who work as professional models.

Bogus profiles are not a Bumble-specific problem. Among flesh-and-blood humans looking for love and lust on dating apps and websites, there are enough fake profiles and chatbots sprinkled in to ruin the whole experience. They'll post or message links to spam or pornography sites, try to steal your information or just plain ignore you.

Most dating apps have a way to flag or report fake profiles, but it can be difficult to tell what's real and what's fake at first blush.

Even if you walk away with your credit card number and dignity intact, fake profiles on these apps can still negatively impact your dating life. If we allow beauty-stacked dating apps to form our impressions of what's out there, what's actually out there is bound to disappoint.

The bevy of beautiful bots in the black mirror won't date you because they're not real. These online fantasies are actually ruining it for average schlubs who would make wonderful partners.

If you want to get a realistic sense of your dating pool, open your eyes — not an app.

TORSTAR NEWS SERVICE

FOOD

Restaurant warned over horse meat dish

The U.S. Department of Agriculture has warned a Pittsburgh restaurant to not serve horse meat again after it hosted a Quebecois-themed event.

KDKA-TV first reported that Cure Restaurant hosted a special dinner with Canadian chefs on May 8 that included horse tartare.

The USDA's Food Safety and Inspection Service says Cure chef and co-owner Justin Severino received a warning letter for illegally bringing horse meat into the country.

The controversy over the meal has been blown out of proportion, says the Toronto chef who helped prepare the meal.

Scott Vivian, who owns the restaurant Beast in Toronto, was asked by Severino to contribute to Monday's US$95-a-head event with a horse tartare dish.

The horse meat came from an Alberta farm that raises the animals sustainably for human consumption.

"It wasn't meant to shock or surprise people. It was the idea to do a delicious meal," Vivian said from his restaurant, where he serves cuts of meat that customers aren't necessarily used to trying. "I've done seal dinners. I've cooked with beaver. This is the first time anybody's ever made a big deal about it."

THE CANADIAN PRESS

The horse tartare dish served by Scott Vivian. HANDOUT

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metro SPORTS

The Cleveland Cavaliers have reached a sponsorship deal to wear the Goodyear winged-foot logo on the fronts of their jerseys starting next season

Scoring critical deals

The four teams left vying for the Stanley Cup all made a handful of significant trades to get to this point. As much as GMs complain that it's hard to make deals because of the cap, Pittsburgh's Jim Rutherford, Ottawa's Bryan Murray and Pierre Dorion, Nashville's David Poile and Anaheim's Bob Murray have shown a knack for getting good ones done.

Pittsburgh Penguins

No team in the NHL has benefited more from big trades than defending-champion Pittsburgh.

Weeks after he was hired, Rutherford acquired Patric Hornqvist from Nashville for James Neal at the 2014 draft. He sent Robert Bortuzzo to St. Louis for Ian Cole during the 2014-15 season. The following summer, he got Phil Kessel from Toronto for prospects and Nick Bonino for Brandon Sutter.

And that was just the start. Last season, he traded Rob Scuderi straight up for Trevor Daley, got Carl Hagelin from Anaheim for David Perron and paid a value price of a third-round pick to acquire Justin Schultz from Edmonton.

13

Kessel is in a tie for sixth with 13 playoff points.

At the 2017 trade deadline Pittsburgh acquired Ron Hainsey from Carolina, and the veteran has proven important as the injuries pile up.

But perhaps Rutherford's smartest move this season was the trade he didn't make. Goaltender Matt Murray won the Cup last year and was the No. 1 of the present and future, so Rutherford took calls on Marc-Andre Fleury that "didn't go very far" before holding on to him.

With Murray injured, the Penguins wouldn't have gotten this far without Fleury's play.

THE ASSOCIATED PRESS; PHOTOS BY W IMAGES

Ottawa Senators

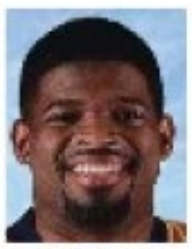
The Ducks' desire to dump **Bobby Ryan** in the summer of 2013 is finally starting to work out for the Senators, who paid a hefty price of Jakob Silfverberg and prospect Stefan Noesen to get the scoring winger. Ryan has had his share of slumps, even this season, but three of Ryan's five goals this post-season are game-winners and he has 11 points in 13 games.

"When we traded for him a few years ago, we were expecting the Bobby Ryan we've got right now," said goaltender Craig Anderson, acquired in a 2011 trade with Colorado for Brian Elliott

The Senators also got third-leading scorer Derick Brassard in a trade last summer with the Rangers, defenceman Dion Phaneuf from Toronto during the 2015-16 season and centre Kyle Turris from Arizona in 2011. Ottawa picked up forwards Alex Burrows and Viktor Stalberg at the most recent deadline for depth.

Nashville Predators

Hornqvist for Neal has worked out for Nashville, too, but nothing like the three other swashbuckling moves Poile has made: getting then-prospect Filip Forsberg from Washington at the 2012 deadline for Martin Erat and Michael Latta, trading Seth Jones to Columbus for Ryan Johansen last season and shocking the hockey world by getting P.K. Subban from Montreal for Shea Weber last June.



P.K. Subban

Subban for Weber looked like a long-term steal for the Predators as they got a younger, more mobile puck-moving defenceman in part because Montreal preferred a safer style of play. Subban is now part of arguably the best blue line in hockey, featuring homegrown Roman Josi, Ryan Ellis and Mattias Ekholm.

The Predators in previous years picked up now-captain Mike Fisher in a deal with the Senators. The price? A first-round pick that turned into Noesen, the pot-sweetener Ottawa used to get Ryan.

Anaheim Ducks

As good as the Ryan trade is now for Ottawa, it has been superb for Anaheim as Silfverberg had 18 points in the 2015 post-season and this year is tied with captain Ryan Getzlaf for the team lead in goals with eight.

The Ducks also got two important pieces from Vancouver: shutdown centre Ryan Kesler at the 2014 draft and defenceman Kevin Bieksa a year later. Kesler was crucial in slowing Edmonton's Connor McDavid in the second round, and the price just happened to include now-Penguins hero Bonino.

IN BRIEF

Canada crushes Norway thanks to power play

A dynamite power play, and a little bit of attitude, got Canada back on the winning track at the world hockey championship.

Colton Parayko scored twice as Canada clinched first place in its preliminary-round group with a 5-0 win over Norway on Monday.

THE CANADIAN PRESS

Leonard ruled out for Game 2 with ankle injury

Spurs coach Gregg Popovich has ruled Kawhi Leonard out for Game 2 of the Western Conference final with a sprained left ankle caused by what Popovich described as a "dangerous" and "unsportsmanlike" closeout by Golden State's Zaza Pachulia.

Leonard had an MRI on Monday and Popovich had no timetable for his return.

THE ASSOCIATED PRESS

Terry going out with a bang

John Terry scored for a 17th successive English Premier League season as newly crowned champion Chelsea beat Watford 4-3 courtesy of Cesc Fabregas' late strike on Monday.

Terry made his 716th Chelsea appearance and likely his penultimate one at Stamford Bridge, scoring his 67th goal.

THE ASSOCIATED PRESS

Shaky Sharapova gets victory in Rome

Taking advantage of another wild card upon her return from a 15-month doping ban, Maria Sharapova overcame a shaky opening set to defeat 58th-ranked Christina McHale 6-4, 6-2 in the first round of the Italian Open on Monday.

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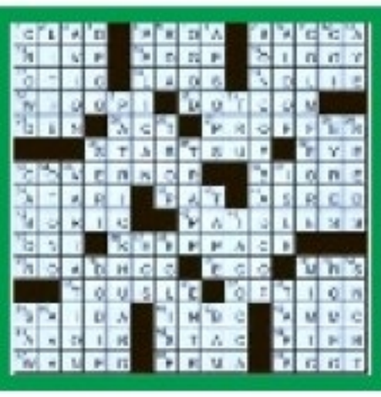
YESTERDAY'S ANSWERS

Your daily crossword and Sudoku answers from the play page.

for more fun and games go to metronews.ca/games



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MAKE IT TODAY

Zesty Veggie Cream Cheese Sandwich

PHOTO: MAYA VISNYEI

Ceri Marsh & Laura Keogh
For Metro Canada

Feel free to swap out whichever vegetables you like best (or have on hand) but be sure to choose bright and crunchy options to contrast the smooth cream cheese.

Ready in 5 minutes
Prep Time: 5 minutes
Serves 2

Ingredients
- 1 carrot, grated or slice
- 1/2 English cucumber, grated
- 1/2 avocado, sliced
- 1 teaspoon lemon juice
- 1/4 to 1/2 cup light cream cheese
- 4 slices of whole grain bread

Directions

1. Begin by grating your carrot and grating or slicing cucumber into bowls. Now halve your avocado. Gently slice it in the shell and turn the slices out onto a plate. Sprinkle the slices with lemon juice to keep them from browning

2. Now it's time to assemble. Place four slices of bread down on a clean cutting board. Load two with cream cheese to your desired thickness

3. Sprinkle your desired amount of carrot and cucumber over the cheese and gently press it into the bread using the back of a wooden spoon or your hand.

4. Arrange a few slices of avocado on the remaining two pieces of bread. Pair up your avocado halves with the cheese halves and serve.

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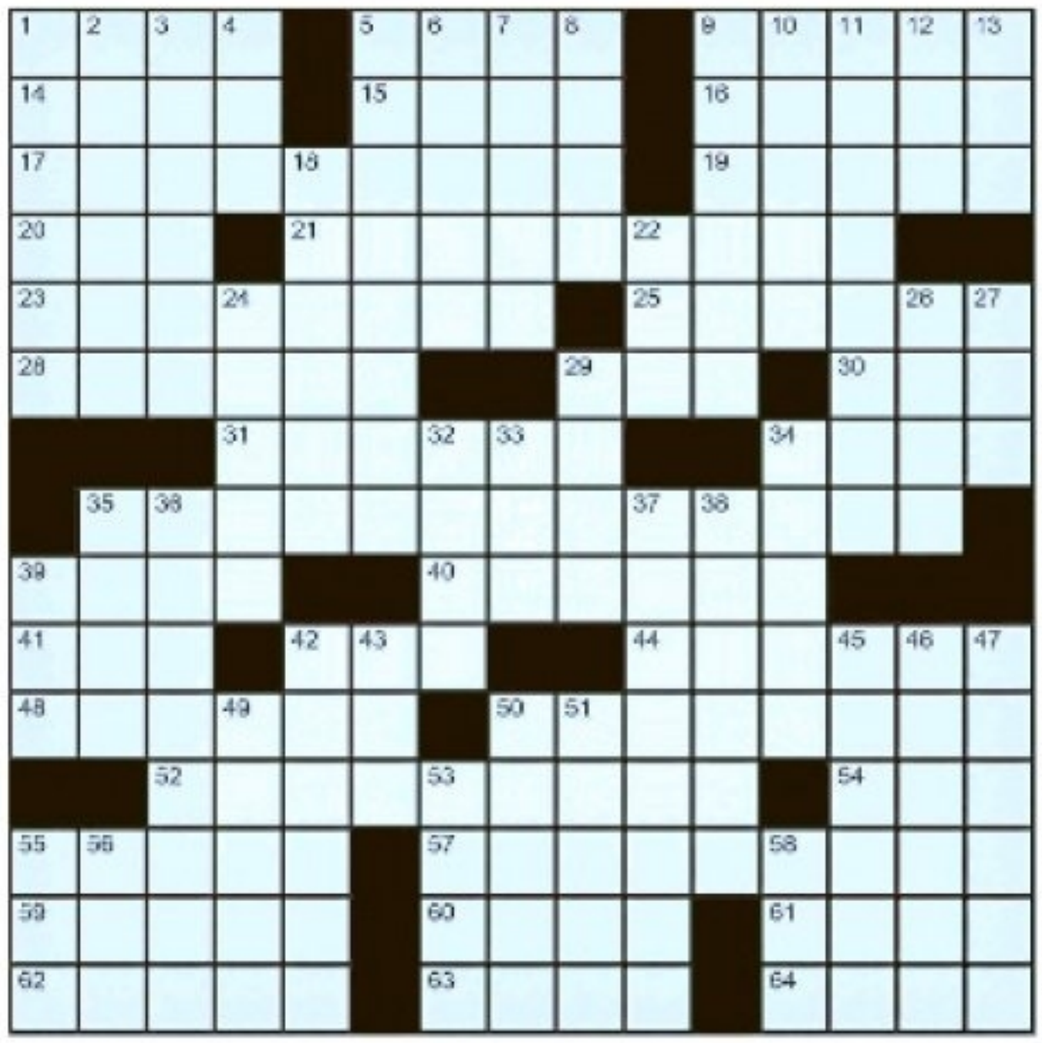
CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS
1. "Darn!"
5. Exec. levels
9. Make _ _ (Succeed)
14. Take _ _ (Attempt)
15. Count Basie's "_ _'Clock Jump"
16. North: Spanish
17. Canadian hockey great Russ
19. Famous pen name, Mark _
20. _ Savahl (Couture brand)
21. "Thinking of You" Canadian rock band
23. Like icicle-like decorations
25. 3-ring _
28. Eight-armed sea creatures
29. US Pres. from 1945 to 1953
30. _ _ _-1701 (U.S.S. Enterprise marking)
31. Street for Big Bird
34. "You're putting _ _, right?!"
35. Bit of the hit at #21-Across: "I was standing on the edge of town / I was doing my best to _ _ _ _.."
39. Neil Simon output
40. Cute crowns
41. Method/means
42. Caravansary
44. 'Dream'-meaning prefix
48. Specify
50. Party dance: 2 wds.
52. 1980 hit by #21-Across that goes "You know that you double-crossed me / Just how much can I endure?"
54. _ de Cologne
55. Rope: French
57. Dignified routes to take: 2 wds.
59. Hollywood's Mr. Hammer
60. Pulitzer-winning writer James
61. Creamy cheese
62. Home-_ business
63. Hasbro toy brand
64. Chemical suffixes

DOWN
1. _ _ _ the finish line
2. AECL = _ Energy of Canada Limited
3. No-show-er
4. Where Damascus is the capital city [abbr.]
5. Leonardo da Vinci masterpiece: 2 wds.
6. Tree's twisted knot
7. Mr. Savalas
8. Fish variety
9. 'Get' via the gut
10. Haul to the garage: 2 wds.
11. Now available: 2 wds.
12. "Take _, _ insist!"
13. _-Xer
18. Nicknamed Manitoba city from whence #21-Across hails: 2 wds.
22. Some CFL players
24. "_ _ _ things happened like..." (How about this scenario?)
26. MBA subject
27. Mil. force
29. 'Six'-meaning prefix
32. Memo abbr.
33. Avril's follower
34. Walk leisurely
35. Ice mass
36. Attorney partnerships: 2 wds.
37. TV culinary battle title: 2 wds.
38. Blythe of "Meet the Parents" (2000)
39. High deg.
42. Requiring resources: 2 wds.
43. 'Matrix' role
45. "Sources told me...": 2 wds.
46. Rock tour pro
47. Musical compositions
49. Rock music genre
50. Ecru
51. Felix _, Tony Randall's "The Odd Couple" character
53. Jackie of "Rush Hour" (1998)
55. Music legend Mr. Calloway
56. Songstress Rita
58. Kimono belt

IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
Relationships with authority figures, especially those who are female authority figures, are touchy today. Therefore, tread carefully. Give some people a wide berth.

Taurus April 21 - May 21
Travel plans might change today or be canceled. Likewise, schedules and plans related to colleges, universities and technical schools also might change.

Gemini May 22 - June 21
Stay in touch with your bank account today, because something unexpected might affect your finances. Make sure you know what's happening. Discussions about inheritances and shared property will be up and down.

Cancer June 22 - July 23
Relationships with partners and close friends might be tricky today, because people feel independent and rebellious. Nobody wants to be told what to do

Leo July 24 - Aug. 23
Computer glitches and equipment breakdowns might create a change in your work routine today. Staff shortages or disagreements with someone also might affect your work flow. Stay chill.

Virgo Aug. 24 - Sept. 23
This is an accident-prone day for your kids or children you work with, so be extra alert. Meanwhile, romantic partners might be sensitive or touchy. Be polite.

Libra Sept. 24 - Oct. 23
Something going on at home might go sideways today. It could be a family discussion or problems with a small appliance. Stay light on your feet to accommodate whatever happens.

Scorpio Oct. 24 - Nov. 22
This is an accident-prone day for your sign, so pay attention to everything you say and do. Keep your eyes open and be aware so that you can get through this day smoothly.

Sagittarius Nov. 23 - Dec. 21
Keep an eye on your money today, because you might find money or you might lose money. Similarly, something you own might be broken, stolen or lost. Use caution.

Capricorn Dec. 22 - Jan. 20
You feel independent and even rebellious today. It's subtle, but it's there. Don't say anything that you will later regret.

Aquarius Jan. 21 - Feb. 19
Today you feel restless. You feel as if you're waiting for the other shoe to drop. We both know it will not fit you, and it probably will be ugly. Just relax.

Pisces
Feb. 20 - March 20
A friend might surprise you today. Alternatively, you might meet someone new who is a real character. Whatever the case may be, this is not a boring day when it comes to interacting with others.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

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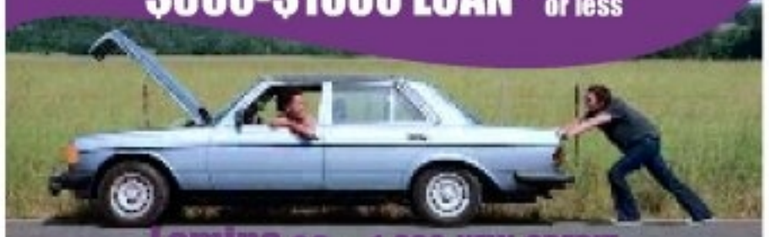

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